

3 MINUTE WEBINARS: WAYS TO USE SDM



LUCY BEADNELL, THE ARC OF NORTHERN VIRGINIA

74% OF THE FUNDING FOR THIS PRODUCT WAS PROVIDED BY THE VIRGINIA BOARD FOR PEOPLE WITH DISABILITIES UNDER THE FEDERAL DEVELOPMENTAL DISABILITIES AND BILL OF RIGHTS ACT. FOR MORE INFORMATION ON THE BOARD, PLEASE CONTACT:

VIRGINIA BOARD FOR PEOPLE WITH DISABILITIES, 1100 BANK STREET, 7TH FLOOR, RICHMOND, VA 23219, (800) 846- 4464, OR VISIT THE BOARD'S

USING SDM IN ALL LIFE DECISIONS



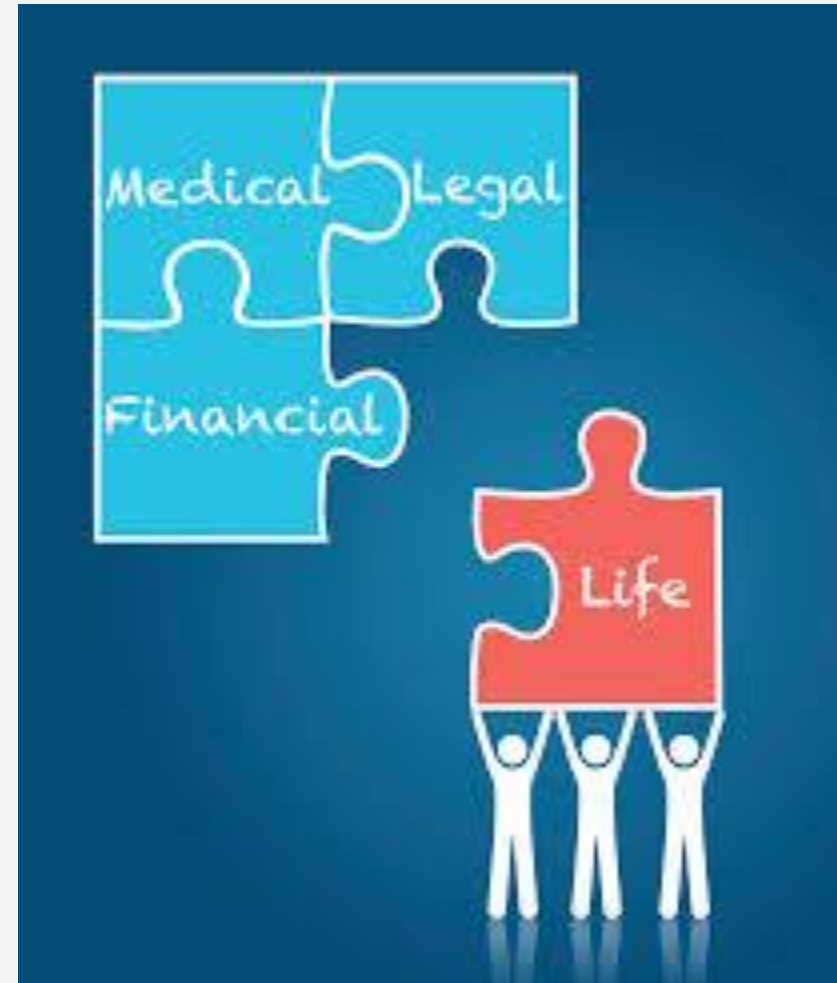
SDM CAN BE CREATIVE AND CUSTOMIZED

- Bring friends and allies
 - Make friends everywhere
- Powers of Attorney
- Use a Dream Board
- Pictures and stories
- Leverage technology
- Practice hard things



SDM RESOURCES

- The Arc of Northern Virginia
 - <https://thearcofnova.org/programs-services/sdm>
- National Resource Center for Supported Decision Making
 - <http://supporteddecisionmaking.org/>
- Center for Public Representation
 - <https://supporteddecisions.org/>



LEARN MORE ABOUT THE ARC OF NORTHERN VIRGINIA

- Visit us online at <https://thearcofnova.org/>
- Ask us a question at <https://thearcofnova.org/answers/>
- Find our Transition POINTS guides and tool kits at <https://thearcofnova.org/programs/transition/>
 - Early Intervention
 - Special Education
 - Securing a Future
 - Entering the World of Work
 - Finding a Home
 - Aging with a Disability